

# EXAMPLE RESTAURANT MENU

<b>MON</b>	Cream of Mushroom Soup V 87 kcal	Classic Welsh Rarebit on Toast with a Tomato, Red Onion & Mint Salad V 227 kcal	Lancashire Lamb Hotpot Topped with Sliced Potatoes & Seasonal Vegetables 787 kcal	Hunters Chicken, Chips, Grilled Tomato, Peas, Homemade Onion Ring & BBQ Sauce 930 kcal	Apple & Berry Crumble 202 kcal Lemon Posset 458 kcal
<b>TUE</b>	Minestrone Soup V 82 kcal	Bacon Caesar Salad 178 kcal	Chicken Coq au Vin, Baby Potatoes, Roasted Swede & Broccoli 731 kcal	Baked Salmon Fillet, Bubble & Squeak Potato Cake, Roasted Swede & Broccoli, Poached Egg, Grain Mustard Sauce 746 kcal £7.00	Gingerbread Cake 311 kcal Crème Caramel 216 kcal
<b>WED</b>	Leek & Potato Soup V 62 kcal	Smoked Mackerel Pate & Melba Toast 178 kcal	Roast Gammon, Sage & Onion Stuffing, Roast Potatoes, Cauliflower Cheese & Honey Roasted Carrots, Parsley Sauce 1185 kcal £5.00	Macaroni Cheese, Crispy Bacon, Garlic Bread & House Salad 580 kcal	Rice Pudding, Apricot Compote & Crunchy Oats 478 kcal Lemon Tart 394 kcal
<b>THU</b>	Broccoli & Stilton Soup V 61 kcal	Devils on Horseback 198 kcal	Pan Roasted Lambs Liver & Bacon, Mash Potato, Spinach, Roasted Parsnips & Onion Gravy 768 kcal	Spaghetti Bolognaise, Garlic Bread & House Salad 638 kcal	Chocolate & Cherry Roulade 353 kcal Banoffee Pie 499 kcal
<b>FRI</b>	French Onion Soup 137 kcal	Waldorf Salad V 176 kcal	Haddock & Chips, Garden Peas or Mushy Peas, Tartare Sauce & Lemon Battered 711 kcal Grilled 548 kcal	Traditional Pork Faggots, Mash Potato, Spinach, Roasted Parsnips & Onion Gravy 954 kcal	Poached Pears 215 kcal Fruit Scone, Whipped Cream 446 kcal
<b>SAT</b>	Carrot & Coriander Soup V 71 kcal	Chicken Liver Pate, Red Onion Chutney & Melba Toast 397 kcal	Saturday Brunch Traditional Cooked Breakfast (Bacon, Sausage, Mushrooms, Tomato, Baked Beans, Hash Brown, Fried Egg & Toast) 591 kcal	Salmon & Broccoli Quiche, New Potatoes & House Salad 665 kcal	Traditional Bread & Butter Pudding 258 kcal Key Lime Pie 340 kcal
<b>SUN</b>	Cream of Tomato Soup V 122 kcal	Traditional Prawn Cocktail, Brown Bread & Butter 329 kcal	Roast Topside of Beef, Yorkshire Pudding, Roast Potatoes, Seasonal Vegetables, & Gravy 950 kcal £5.00	Roasted Chicken Thighs, Roast Potatoes, Seasonal Vegetables & Gravy 841 kcal	Jam Roly Poly 329 kcal Apricot & Raspberry Fool 196 kcal

FOOD ALLERGY & INTOLERANCES. While we make every effort to prevent cross contamination in our kitchens, we cannot guarantee that any food item we make is FREE of any specific allergen. Guests concerned about the presence of allergens in our dishes; please do not hesitate to ask the Chef Manager or member of our catering team for assistance before ordering.

**McCARTHY STONE**  
*Life, well lived*

**Starters £1.50, Main Dishes £4.20 and Desserts £1.50 unless otherwise indicated**

All calories shown were correct at the time of menu print. Adults need around 2000 kcal per day. Further nutritional information is available upon request.